



UltraFlora Triple Action Biotic

Prebiotic, Probiotic, and Postbiotic Blend to Support a Healthy Gut Barrier.

- Prebiotic, Probiotic, and Postbiotic for comprehensive gut support.
- 1 capsule daily for preventative health.
- Provides 24-hour probiotic support.
- Clinically researched strains at clinically trialled doses.



Reduces bloating & abdominal pain



Offers gentle digestive support



Supports beneficial gut flora



Enhances gut barrier integrity

Each Capsule Contains:

<i>Bifidobacterium animalis</i> ssp. <i>lactis</i> (BB-12™)	1 billion CFU
<i>Bifidobacterium longum</i> (ES1) Postbiotic	25mg
Guar galactomannan (Partially hydrolysed guar gum (PHGG))	300mg

Directions for use:



Take 1 capsule daily, or as directed by your healthcare professional.

Comprehensive Gut Support

The gut microbiome has emerged as a cornerstone of human health, with disruptions in gut microbial homeostasis, inflammation, and poor gut barrier integrity linked to various health conditions. Recognised for their pivotal role in gut health, prebiotics, probiotics, and postbiotics have gained prominence for their ability to enhance health by modulating the microbiome. The combination of the prebiotic guar galactomannan, also known as partially hydrolysed guar gum (PHGG), with the probiotic strain *Bifidobacterium animalis* ssp. *lactis* (BB-12™) and the heat-treated *Bifidobacterium longum* (ES1), a postbiotic, provide a 3 in 1 synergistic approach to gut health, restoring the microbiota balance and boosting overall well-being.

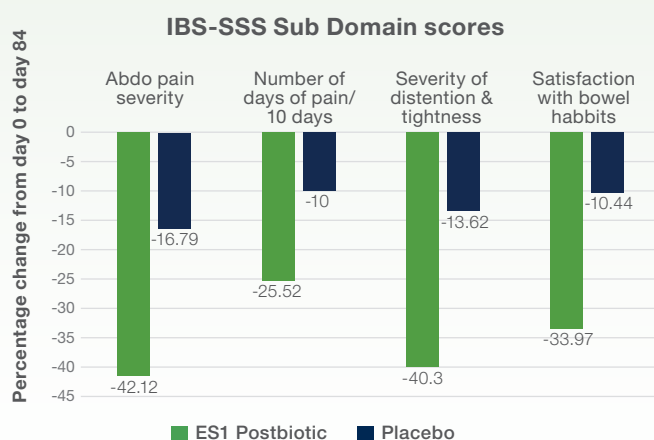


Figure 1: IBS-SSS subdomain scores significantly reduced with ES1 postbiotic.⁸

What is a Postbiotic?

Postbiotics are preparations of non-living microorganisms and/or their components that provide health benefits when taken.

Bifidobacterium longum (ES1), originally isolated from breast milk, has been shown to offer significant benefits as a postbiotic.^{1,2} These include increasing butyrate-producing bacteria in the gut, enhancing gut barrier integrity, and preserving faecal calprotectin levels, a marker of gastrointestinal inflammation.^{3,4} Additionally, a human clinical trial demonstrated that ES1 decreased abdominal pain and bloating (Figure 1) whilst improving the quality of life for participants.¹

